

Phone:

Email:

# PARTICIPATION AGREEMENT 2023-2024

Association of Guam (IIAAG) activities, including guardian, or person having the care and custody	ny child participate in Independent Interscholastic Athletic uding School Year 2023-2024 school sports, I, the parent of (participant) nts, heir, next of kin and the participant, hereby agree to the
Athletic Association of Guam (herein referred coaches, development personnel, vendors and or services, employees, agents, members, directliability for personal injury, including death, and the negligence of the IIAAG, that the participal or competition, being coached, triaged by training the IIAAG activity. I hereby also acknowled 82602 (formerly§ 1542 of the Civil Code of	mnify, and hold harmless, the Independent Interscholastic ed to as the "IIAAG") and its respective member schools those contracted with the IIAAG to provide athletic facilities ctors, officers and representatives from any responsibility of addamage to or loss of property, whether or not arising from any incur while traveling to or from, engaged in practice ters, using or operating equipment or otherwise participating dge and waive the benefits of the provisions of 18 G.C.A. § Guam) which reads as follows: A general release does not know or suspect to exist in his favor at the time of executing materially affected with the debtor.
and their agents, contractors, and/or employer demands that I may have or hereinafter have	at I will not make a claim against or sue the foregoing parties and forever release them and waive all actions, claims of of whatsoever nature or kind including without limitation conal property, loss of services, past or present, known of ticipant's participation in IIAAG activities.
that I, as a member and participant in IIAAG a case of injury or medical emergency, the IIAAG whatever first aid or emergency medical caunderstood that participant, and not the IIAAG	he IIAAG does not provide medical insurance coverage and activities, should provide personal medical insurance. In the AG has permission to seek, administer, or have administered are deemed necessary for participant's welfare, and it is shall be responsible for any and all charges for such health's medical insurance would cover such charges.
knowingly and voluntarily assume the risk of	e that every IIAAG activity has certain degree of risk, and I any injuries, regardless of severity, including death, and al ticipant may incur, even if arising from the negligence of the IAAG activity.
I, the undersigned, am competent to sign this r its terms.	release, and have read carefully, understand, and agree to all
Signature	
Printed Name:	
Relationship to Participant:	
Date:	

# I Independent Interscholastic Arhitetic Association of Guam

### **IIAAG SY 2023/24**

#### **Concussion Information Sheet**

A concussion is a brain injury and all brain injuries are serious. They are caused by a blow, a bump, or a jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. In other words, even a "ding" or a bump on the head can be serious. You can't see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

## Symptoms may include one or more of the following:

- Headaches
- "Pressure in head"
- Nausea or vomiting
- Neck pain
- Balance problems or dizziness
- Blurred, double, or fuzzy vision
- Sensitivity to light or noise
- Feeling sluggish or slowed down
- Feeling foggy or groggy
- Drowsiness
- Change in sleep patterns

- Amnesia
- "Don't feel right"
- Fatigue or low energy
- Sadness
- Nervousness or anxiety
- Irritability
- More emotional
- Confusion
- Concentration or memory problems (forgetting game plays)
- Repeating the same question/comment

#### Signs observed by teammates, parents and coaches include:

- Appears dazed
- Vacant facial expression
- Confused about assignment
- Forgets plays
- Is unsure of game, score, or opponent
- Moves clumsily or displays incoordination
- Answers questions slowly
- Slurred speech
- Shows behavior or personality changes
- Can't recall events prior to hit
- Can't recall events after hit
- Seizures or convulsions
- Any change in typical behavior or personality
- Loses consciousness

#### **IIAAG** SY 2023/24

#### **Concussion Information Sheet**

# What can happen if my child keeps on playing with a concussion or returns to soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athlete will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for student-athlete's safety.

#### If you think your child has suffered a concussion

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. The IIAAG Concussion Management policy now requires implementation of well-established return to play concussion guidelines that have been recommended for several years:

"A student-athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time and for the remainder of the day."

#### and

"A student-athlete who has been removed may not return to play until the athlete is evaluated by a licensed heath care provider trained in the evaluation and management of concussion and received written clearance to return to play from that health care provider".

You should also inform your child's coach and/or Athletic Director if you think that your child may have a concussion Remember its better to miss one game than miss the whole season. When in doubt, the athlete sits out.

For current and up-to-date information on concussions you can go to: <a href="http://www.cdc.gov/ConcussionInYouthSports/">http://www.cdc.gov/ConcussionInYouthSports/</a>

Student-athlete Name Printed	Student-athlete Signature	Date	
Parent or Legal Guardian Printed	Parent or Legal Guardian Signature	Date	